



Essentials

Two Brothers suggested packing list . . .

Passport (must be valid 6 months beyond intended stay in Nicaragua)
Surfboards and leashes
Tropical Wax
Rash guard
Boardies and bathing suits
Sunscreen (lots of it) 30SPF and higher
Towels (beach and bath)
Sunglasses
Basic toiletries
Basic medical kit
Insect repellent
Benadryl and Epipen (if allergic to anything)
Flash light + extra batteries
Long-sleeve shirt, light material
Long cotton pants, light material
Comfortable walking shoes + socks
Water sandals with grip soles
Camera + extra batteries
Reading materials
Music and videos
Cash (US dollars)

HARD TO FIND ITEMS

Camera and Computer Supplies
Contact Solution
Medication
Tampons